

WeAwakening Podcast

Episode16: Being Your Radiant Being

Hello, beautiful souls, and welcome to this week's podcast episode. Today, I would like to speak with you about what it means to be your radiant being in the world. And the reason that I would like to address this is because I was in conversation recently with someone about this, and I was just so aware that very often we hold the idea or the beliefs that in order for us to be true to ourselves, and in order for us to really be the fullness of ourselves in the world, we have to have certain forms or structures in place, that we have to maybe be in a particular vocational role or fulfilling a certain job in order to be true to who we are. And I was really pondering that, and recognizing that this actually is another example of us looking to external circumstances and the external world to define for us and tell us what is possible, when actually, you can be your radiant being in every moment, in every encounter, in every situation. And your radiant being radiating itself into this world is not dependent upon anything in the external plane.

And I just really want to emphasize that because I'm aware that, you know, some people might think that, for instance, the work that I'm doing in the world with this podcast, and my writing, and doing spiritual companioning with people and gathering community and so forth, well, that's the real work. That's what it looks like when you're really fulfilling your purpose in the world.

And I truly do not see it that way, because I know that everyone can radiate their being, and can be a presence of Love on this planet, and a very powerful presence of Love, and that there is no one form that is better than any other form.

One of the things that comes to my mind when I think about this is, when I think about people who are simply radiating their being in this world, there were instantly three individuals that came to mind, just instantly. One of them is a woman who is a cashier at our local Rite Aid pharmacy. And this woman, when you check out at her cash register, you walk away transformed, because she radiates love. She greets you, she remembers you. She is present to you as another human being, and the quality of that relationship, the quality of her presence has a transformative effect. And I can only imagine how many people get checked out at her cash register in a day, and every one of those people has come away in a different state of mind because of the quality of her being, because she is radiating her radiant being in her particular circumstance in her particular location. So that's one example.

Another example that instantly came to mind was a woman who was a bus driver on our local bus route. She's not on our route any longer, unfortunately, but whenever I would take the bus and I saw that she was the driver I was just elated because I knew that as soon as I got on her bus, she would greet me with the warmest of smiles. And you just knew when you got on her bus that you were her family and she was going to get us to our destinations as safely and efficiently as she could, and she just radiated this warmth of being.

The third individual that instantly came to my mind was a young man who is a barista at our local coffee shop. And when you order your latte from Kevin, you encounter this radiant being, who just exudes the beauty of his soul, and you come away just a feeling lighter.

And it wasn't until I actually started thinking about these three people that it dawned on me that each of them is a person of color. And when I noticed that, I thought, wow, that is really instructive. And I'm not going to make too much out of that, except to say that I suspect that many people who are in situations in a society in which they experienced marginalization, in which they experience not all of the fullness of opportunity that people in the dominant demographic may have, in our country, white people, that they become accustomed to not looking to external circumstances to tell them whether they can be the fullness of their being.

So I wanted to bring this to you this week to ponder because I want to allow all of us, each of us, to let go of this idea that our lives have to take on particular forms, or our work in the world has to take on a particular form, in order for us to be our radiant being. Because it simply isn't true.

I encourage you to really tap into the truth of who you are, as a radiant being, as a divine being that is here in this world, in whatever circumstances you find yourself, placed in whatever web of relationships you find yourself—that you are here simply to radiate your being.

And it doesn't depend on any kind of heroic or Herculean efforts, or you know, any kind of accolades or fame or any of that. All of that is so irrelevant. Because each of us is simply here to be the fullness of our being, and to allow the radiance of our being to radiate into this world.

So I leave you with that. And until next time, I bid you peace